

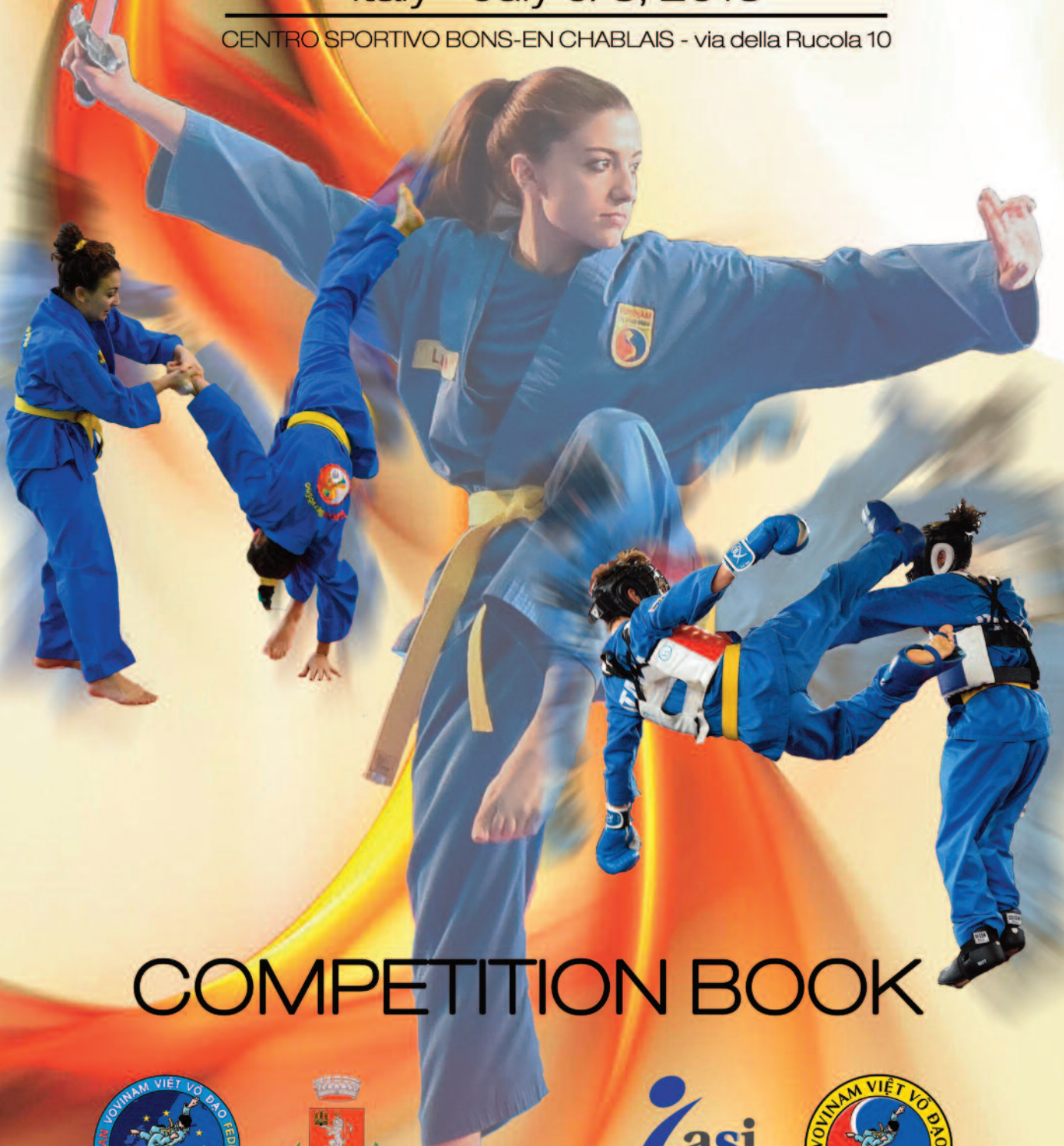
European Vovinam Viet Vo Dao Federation and Vovinam Viet Vo Dao Italia
present

5th EVVF EUROPEAN VOVINAM CHAMPIONSHIPS



in collaborazione con il comune di
Castione della Presolana (BG)
Italy - July 6/8, 2018

CENTRO SPORTIVO BON-EN CHABLAIS - via della Rucola 10



COMPETITION BOOK



www.vovinam-evvf.eu

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Võ Sư Chánh Chương Quân
Nguyễn Văn Chiếu

A. Welcome speeches

A1. Speech of the Chanh Chuong Quan Mon Phai Vovinam Viet Vo Dao

Dear all,

On behalf of the Vovinam Viet Vo Dao school, I would like to send my warmest greetings to all the delegations present to the 5th EVVF European Vovinam Championships being held on July 7-8, 2018 in Castione della Presolana – Italy.

Vovinam Viet Vo Dao is now an international sport which practised all over the world. 2018 is also the year that marks the 80th Anniversary of the establishment and development of our school.

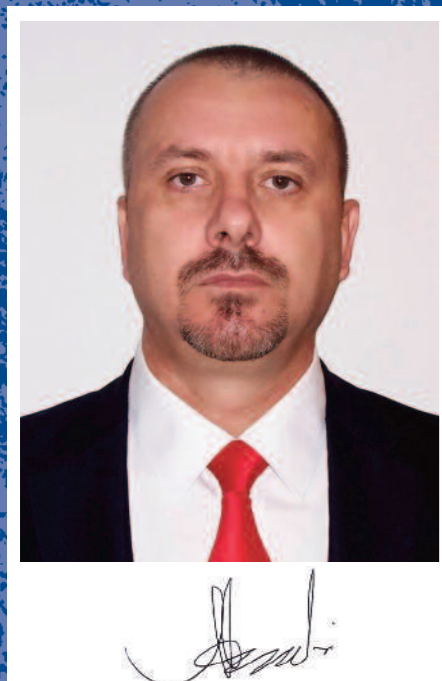
I truly appreciate the efforts of the Organisation Committee of the European Vovinam Viet Vo Dao Federation and of the Italian Vovinam Association to promote Vovinam through the organization of these championships and for nurturing and renewing everyone’s interest and excitement in our martial arts.

I wish all the delegations and athletes to achieve the highest possible results for their countries, and to compete in the purest spirit of friendship and sportsmanship, as taught by our school.

Master Nguyễn Văn Chiếu

Chief of Managing Council of Masters “Chánh Chương Quân Môn Phái”
Vovinam Viet Vo Dao





A. Welcome speeches

A2. Speech of the EVVF President

Dear members,

When I think about Vovinam Viet Vo Dao Italy, the first thing that comes to my mind is - what a great team!

And it's not only about the results of the Italian National Team that won so many championships in the last years, but also about the wonderful team of supporters, parents and friends, without the support of which nothing could be accomplished.

At home, as well as abroad, the Italian Team is always the most tonic and colorful presence but at the same time the fiercest competitors.

Of course, all this success lies also in the excellent leadership of Vovinam Viet Vo Dao Italy, which through its dedication and passion it manifests creates such a powerful inspirational force. This team of leaders is also very active at the executive level in the EVVF European Vovinam Viet Vo Dao Federation. One Vice-President of the EVVF is Italian and no less than four EVVF Commissions from a total of seven are lead by Italian:

Master Vittorio Cera, Technical Director of Vovinam Viet Vo Dao Italia a.s.d. is also EVVF Vice-President and Technical Director,

Master Luca Marzocchi, President of Vovinam Viet Vo Dao Italia a.s.d. is Head of EVVF Marketing and Promotion Commission,

Master Giuseppe Pollastro, Vice-President of Vovinam Viet Vo Dao Italia a.s.d. is Head of EVVF Competition Commission and

Mr. Claudio Guzzi, Secretary/Treasurer of Vovinam Viet Vo Dao Italia a.s.d. is Head of EVVF Disciplinary Commission.

Congratulations Team Italy, thank you for your commitment in the development of Vovinam Viet Vo Dao and success in preparation of the 5th EVVF European Vovinam Championships!

Good luck to all participants!

Florin Macovei

President of the European Vovinam Viet Vo Dao Federation

A. Welcome speeches

A3. Speech of the Vovinam Viet Vo Dao Italia a.s.d. President

Dear friends, athletes and parents, it is a great pleasure to welcome you all to the 5th EVVF European Vovinam Championships.

I think it is fair to stress that, with the 5th Championships, we have undoubtedly achieved an important first milestone for the EVVF history, so we are really honored to welcome you all in one of the most beautiful mountain area of the north Italy.

Castione della Presolana is the Italian youngest Vovinam Club and we are very pleased to have our championship here. We are happy to spend with you all, and with our newest friends in Castione, these beautiful and intense days of Vovinam.

This is our second time hosting the Championships: first time was in a seaside town and today we are in a mountain town. Italy is well known for its specific geographical structure, its food and its culture and we hope to make you live and breathe a little bit of our country in each of these events.

I personally want to thank EVVF, the Municipality of Castione della Presolana, our partners, all the sponsors, masters, athletes, supporters and, most of all, all the volunteers and people who are making this event a big success.

Luca Marzocchi

Vovinam Viet Vo Dao Italia a.s.d. President





A. Welcome speeches

A4. Speech of the EVVF General Secretary

Dear EVVF members,

Six years after hosting a very successful European Vovinam Championships, the Italian Vovinam Association have volunteered to again organize the 5th EVVF European Vovinam Championships, this time in the province of Bergamo.

I would like to express my great appreciation to all the members of the Italian Association for their amazing commitment in the development of Vovinam in Europe, as well as in the World.

I warmly welcome all of you. This gathering of all of Europe's best Vovinam athletes, coaches and masters is not just a competition, it is also a chance to get to know or reunite with Vovinam friends from different cultures, all sharing the same love for Vovinam.

To all the coaches, I would like to send you my sincere praises. This is thanks to your hard work and dedication that we have seen such an increase in our championships' level over the past years.

To all the athletes, I wish you to compete in a spirit of fair play, showcase your skills and to demonstrate how efficient and beautiful our martial art can be.

To the referees, I wish you succeed in the difficult task of judging the competitors, and picking the best among all the talented athletes who came from all over Europe.

To our sponsors, I wish you to enjoy the championships and learn ever more about Vovinam. Thank you very much for your support, without which such events could not take place.

Finally to everyone, I wish wonderful championships and I hope you will make some new and long lasting memories.

Good luck to all of you!

Thanh Nha Berrier
General Secretary of the European Vovinam Viet Vo Dao Federation

B. Host country

B1. Italy



Italy is a peninsular country in south-western Europe extending into the central Mediterranean Sea which shape reminds a high-heeled boot. Two major islands are part of this country: Sardinia, which is an island of the west coast of Italy, and Sicily, at the southern tip (the "toe") of the boot. Italy is bordered by Switzerland and Austria to the north, Slovenia to the east and France to the west. The country also shares a border with 2 tiny independent states, San Marino and the Vatican, both of which are entirely surrounded by Italian territory. Italy has an area of 301,230 square kilometers and a coastline of 7,600 kilometers. With around 61 million inhabitants it is the fourth most populous EU founder member state. Italian is the official language spoken by the majority of the population, but as you travel throughout the country you will find that there are several distinct Italian dialects depending on the region you're in. French is spoken in the northwest and German in the northeast.

The history of Italy begins with the arrival of the first hominins 850,000 years ago at Monte Poggiolo, a hill in the Emilia Romagna region, and can be characterized as two periods of unity separated by a millennium and a half of division. From the sixth to third centuries BCE the Italian city of Rome conquered the whole peninsula and The Roman Republic (and later the Roman Empire) dominated Italy for many centuries, and furthermore established the culture and civilization of Western Europe in general, including the adoption and subsequent spread of Christianity as state religion at the end of the 4th century.

The decline and collapse of the Western Empire by the end of the 5th century is taken to mark the end of Late Antiquity. A Lombard Kingdom of Italy was established, although parts of the peninsula remained under Byzantine rule and influence until the 11th century.

The Lombard kingdom was incorporated into France and ultimately the Holy Roman Empire, although the rise of city-states, and especially the powerful maritime republics in the medieval period led to political fragmentation. Ultimately, after the disastrous Italian Wars, the peninsula was divided among the major foreign powers of Early Modern Europe, Spain and Austria, and later fell to the French Empire under Napoleon I, the Papal States being reduced to the control of the Holy See over Rome.

With the rise of nationalism and the idea of the nation state in the 19th century, the peninsula was unified in the late 19th century. The new Kingdom of Italy, established in 1861, quickly modernized and built a large colonial empire, colonizing parts of Africa, and countries along the Mediterranean. Part of the victorious allied powers of World War I, Italy defeated its historical enemy, the Austrian Empire. Soon afterwards, however, the liberal state collapsed to social unrest: the Fascists, led by Benito Mussolini, took over and set up an authoritarian dictatorship. Italy joined the Axis powers in World War II, falling into a bloody Civil War in 1943, with the Fascist faction finally defeated in the spring of 1945.





In 1946, as a result of a Constitutional Referendum, the monarchy was abolished. The new republic was proclaimed on 2 June 1946. In the 1950s and 1960s, Italy saw a period of rapid modernization and sustained economic growth, the so-called Italian economic miracle.

The country, coming back to international politics among Western democratic powers, joined the European Economic Community (which has later constituted the European Union), the United Nations, NATO, the G7 and the Organisation for Economic Co-operation and Development. Italy plays a prominent role in regional and global military, cultural and diplomatic affairs

Together with Greece, it is acknowledged as the birthplace of Western culture. Not surprisingly, it is also home to the greatest number of UNESCO World Heritage Sites in the world. High art and monuments are to be found everywhere around the country.

It is also famous worldwide for its delicious cuisine, its trendy fashion industry, luxury sports cars and motorcycles, diverse regional cultures and dialects, as well as for its beautiful coast, alpine lakes and mountain ranges (the Alps and Apennines). No wonder it is often nicknamed the Bel Paese (the Beautiful Country).



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European Vovinam Championships

Italy has many climate zones, and could be far from the stereotypical Mediterranean climate. Most of Italy has hot, dry summers, with July being the hottest month of the year. Autumns are generally rainy. Winters are cold and damp (hence often foggy) in the North, and milder in the South. Conditions on peninsular coastal areas can be very different from the interior's higher ground and valleys, particularly during the winter months when the higher altitudes tend to be cold, wet, and often snowy. The Alps have a mountain climate, with cool summers and very cold winters.

With 48.6 million tourists a year (2014), Italy is the fifth most visited country because it offers a rich combination of masterpieces from different areas, blending landscape and culture, history and art, architecture and city planning - it offers an exciting journey through time, from the Ancient Greeks and Romans to the present day, which is also filled by a wealth of art and culture.

Italy is the land of the opera. Many composers are world renowned for their creative operas. Think of music composed by these famous Italians: Rossini, Donizetti, Puccini and Giuseppe Verdi.

Italy is also home to other fine famous artists: great poets and literary geniuses. Dante, Boccaccio, Petrarca are certainly the most famous writers, but many others influenced the world like Machiavelli or contemporary writers like Luigi Pirandello or Umberto Eco.

Italians are also famous for their inventions and discoveries. The Italian explorers Christopher Columbus and Amerigo Vespucci discovered the Americas while Marco Polo explored the East.

Leonardo da Vinci was a scientist and artist who was the first to prove the world is round and not flat and Alessandro Volta, was the pioneer who did studies in electricity, hence the name 'Volt' describing a unit of electricity. And last but not least, Italians love sports. Cycling, skiing, soccer and motor racing are just some of the sports Italians have very strong interest in and good teams of sportsmen and -women. The Italian soccer league is followed by many people abroad too: Inter, Milan, Lazio, Roma and Juventus are just some of the Italian soccer teams which are favoured.

The 5th EVVF
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Castione della Presolana
ITALY 2018

B. Host country

B2. Castione della Presolana



Castione della Presolana is a beautiful village situated in the province of Bergamo, the ideal destinations for those who love art, culture and sports, thanks to its well-appointed touristic offerings. This village is a gem surrounded by mountains which has been a tourist destination since the beginning of the last century, as demonstrated by the presence of numerous Art Nouveau villas.

Though throughout the years Castione della Presolana has maintained its rural charm and its naive authenticity, it has also taken advantage of modern innovations and technology. It is situated at the base of Mount Presolana (2,521 m), which is also known as the "Queen of the Orobie" for its spectacular limestone faces, which are the same as the Dolomites. It is a paradise for those who like sporting or idling.

The climbing tracks of the Presolana Hollow are very famous, but you can also try hang-gliding, paragliding, golfing or riding a mountain bike.

The tourism in the area, in fact, takes advantage of masterpieces, whether manmade or nature made, all amidst a pleasant climate and ancient history.

The Alps and its foothills ("Prealpi") took shape about 200 millions years ago. At that time, the Triassic Era, the area was covered with water and coral reefs. Ever since the prehistoric times, the region has been inhabited by the people of the Vlacamonica (Camune).

One of the most archaeological finds is the "Tomb of the Rannicchiati" which dates back to the bronze age.

In the fascinating Mills Valley we can find the ruins of old water mills and of lime kiln ("calchere").

In the past the lime was used not only to build houses, but also for curious treatments against plants and animals disease. Among the artistic treasures of the area we should single out Renaissance and Baroque frescoes, ancient churches and sanctuaries and the "Santelle", a peculiarly genuine folk artworks.

San Peder's ancient little church inspires a moment's silence. Inside, you can admire Renaissance frescoes rich in pathos and realism.





Castione della Presolana offers many opportunities for those who love cultural events: art exhibitions (painting, sculpture, photography, and handcraft), shows and plays, concerts and religious meetings. Castione also organizes some very "appetizing" soirées by presenting the local produce of the land as well as the processing techniques of honey, butter and cheese, desserts and local dishes. You may also enjoy folk festivals and many other special events. The most renowned are the mythical night marathon (in August), the classical music concert at the Baita Cassinelli, the exciting evenings at the observatory and the sweet Cake Festival. Among the local dishes you should definitely taste the "Polenta cusa col ciarighi" (a sort of maize porridge) with aromatic "lard" and spiced "panseta" (smoked bacon) and the wonderful "casonsei" (stuffed pasta), the local cheeses and the great variety of mushrooms. The Province of Bergamo is situated in the eastern Lombardy Region, occupying the central section of the Alpine foothills and a small expanse of the Po River Plain. The north of the Province is a mountainous region, connected to the south by land straddling the hills and the Po River Plain. The territory of Bergamo boasts landscapes that combine nature and human presence in a harmonious way. It is believed that the name Bergamo is derived from the celtic Bergheim, meaning "town on the hill", which is entirely plausible given the principal feature of the old city, which is situated on the high ground between the plain and the mountains and framed by walls that surround it on the top of the hill. It is precisely the outline of these walls that are the distinctive and unmistakable feature of hilltop Bergamo, better known as Città Alta (Upper Town). Upper Bergamo is the heart of the city and its beauty has enchanted

visitors for centuries. We recommend that you venture into the fascinating alleyways of the old town following an itinerary that will show you the history and art of Bergamo. Stroll along the Fortified Walls and inside the Cittadella (citadel); enjoy the beauty of **Piazza Vecchia** (Old Square) and **Piazza Duomo** (Cathedral Square) then climb up to the Rocca (fortress).

There you can take in a magnificent view of the city and if you're tired the Park of the Fort (known as Parco delle Rimembranze) welcomes young and old in the shade of its trees and some old relics including nothing less than a military tank! Visit the Santa Maria Maggiore basilica in Piazza Duomo. In addition to the wood inlays of Lorenzo Lotto, Romanesque frescoes and baroque decorations, you will also find the tomb of composer Gaetano Donizetti.

A stroll through Lower Bergamo is the perfect way to discover the most modern part of the city. The most significant places in the modern town are the Sentierone, where locals take their traditional passeggiata, and the Torre dei Caduti (Memorial Tower).

The Sentierone is overlooked by the Donizetti Theatre and its romantic monument dedicated to the maestro, who was born in Bergamo just outside the town walls, and the Church of San Bartolomeo, with its large altarpiece by Lorenzo Lotto "Madonna with Child on a throne and Saints".





B3. Vovinam Viet Vo Dao Federation Italy

The practice of Vovinam Viet Vo Dao with the blue vo phuc in Italy began its growth in 1992.

Vovinam Viet Vo Dao A.s.d. has been entered in the sport promotion agency A.S.I. (Italian Sports Associations) recognized by the Italian Ministry of Labour and Social Affairs, by the Ministry of the Interior and by CONI by resolution of 1994.

After 25 years of engagement in organizing annual national championships, international tournament and the 1st European Championship in 2012, in 2015 we create VOVINAM VIET VO DAO ITALIA asd, an association born to manage the Italian National Team of Vovinam and the relationship between Italy and the International Federation like EVVF and WVVV. Italy is also one of the founder member of the EVVF in 2010 in Paris and it hosted many international events.

Grandmaster Nguyen Van Chieu came to Italy 4 times and other International Masters held training seminars in Italy.

THE MANAGEMENT COMMISSION OF VOVINAM VIET VO DAO ITALY IS COMPOSED AS FOLLOWINGS:

President

Luca Marzocchi

Vice President

Giuseppe Pollastro

Secretary/Treasurer

Claudio Guzzi

Members

Vittorio Cera
Filippo Pollastro
Andrea Castellani
Monica Scarano
Lorenzo Aronica
Marco Corradini
Alessandro Dini
Emanuele Torracchi
Rossana Demangeot

Technical Commission

Technical Director

Master Vittorio Cera

Technical Councilor and Head of Teachers' Training

Master Giuseppe Pollastro

Adult National Coaches

Head of coaches

Master Monica Scarano
Master Andrea Castellani
Professor Giuseppe Disanti

Junior National Coaches

Head of coaches

Master Filippo Pollastro
Professor Stefano Maltagliati
Coach Lorenzo De Oliveira
Coach Germano Vadini

Head of Referees' Commission

Master Filippo Pollastro

Staff



Giuseppe Pollastro



Vittorio Cera



Luca Marzocchi



Luigi Novati



Claudio Guzzi



Lorenzo Aronica



Bruno Speanza



Chiara Riva

Raffaella Sanvito



Stefano Maltagliati

Silvia Barni



Andrea Castellani

Giuseppe Di Santi

C. The Organizer

EUROPEAN VOVINAM VIET VO DAO FEDERATION EVVF



Address:
39 rue Barbes
92120 Montrouge, Paris, France

Mobile:
0044 7738085358

E-mail:
office@vovinam-evvf.eu

Web site:
www.vovinam-evvf.eu

ASSOCIAZIONE SPORTIVA DILETTANTISTICA VOVINAM VIET VO DAO ITALIA



Address:
Via Gian Galeazzo Sforza 16
20081 Abbiategrasso
Milano, Italy

E-mail:
segreteria nazionale@vovinamvietvodaoo.it

Web site:
www.vovinamvietvodaoo.it

D. The Sport Center



The championship will take place at
CENTRO SPORTIVO BON-EN CHABLAIS
Via Rucola 10 - 24020 Castione della Presolana (BG) - Italy

The sport center is a multisport facility completely renovated in 2006.
The center includes:

- main multipurpose sport hall with wooden floor and a spectator capacity of 500 people
- 2 outdoor tennis courts
- a martial arts room which will be used as warm up hall
- an indoor futsal court in artificial grass
- infirmary
- 6 fully equipped changing rooms for men and women with showers and lockers
- welcome area
- skatepark and roller skating rink
- parking



E. Transportation



BY PLANE

You can flight to Orio al Serio in Bergamo, Milano Malpensa or Milano Linate airport. If you arrive at Milano Malpensa or Linate you have to check on www.milano-aeroporti.it how to reach the International Airport of Orio al Serio. Notice that if your journey ends in Milano Linate, there is not a direct shuttle to Orio al Serio. You may reach Milano Centrale Train Station and then take the shuttle to Orio al Serio.

Once you get to Orio a Serio you may choose to get EVVF Shuttle to reach Castione della Presolana (see below paragraph) or use Public transportation** (details below)

BY TRAIN

The main international train station is Milano Centrale (central station in Milan). From there, you can take the public shuttle and reach Orio al Serio airport (check the timetable on www.bergamotrasporti.it). If you arrive at Bergamo FS Train station, you may reach Orio al Serio airport with public transportation**. Once you get to Orio a Serio you may choose to get EVVF Shuttle to reach Castione della Presolana (see below paragraph) or use Public transportation** (details below)

PUBLIC TRANSPORTATION**

HOW TO REACH CASTIONE DELLA PRESOLANA

If you want to reach Castione della Presolana by yourself you may check the website www.bergamotrasporti.it and choose the track Orio-Bergamo Fs or Orio-Albino. Then check the web site www.atb.bergamo.it for the track Bergamo Fs-Castione or Albino-Castione.

BY CAR

It is very easy to reach Castione della Presolana. You have to take the motorway A4 (Milan-Venice) and exit for Bergamo or Brescia Ovest. Following the signs for Valseriana and Passo della Presolana after about 40 minutes you arrive in Castione della Presolana.

SERVICES PROVIDED BY THE ITALIAN ORGANIZATION

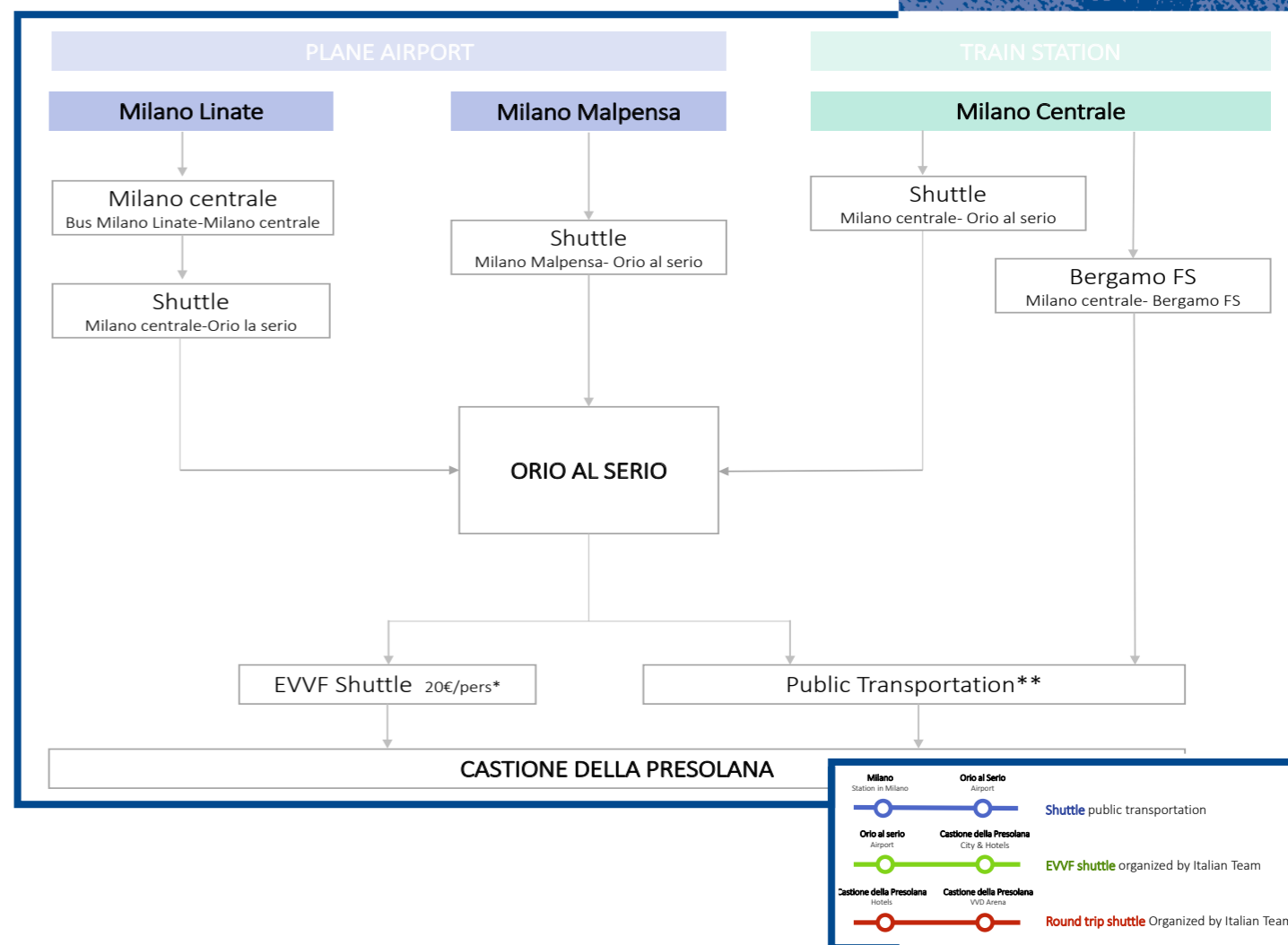
EVVF SHUTTLE ORIO AL SERIO-CASTIONE

- The transportation is guaranteed only for the track Orio al Serio airport - Castione and vice versa from Thursday 5th July 2017 to Monday 09th July 2017. The cost of the transportation is *20 € for each person (the price is referred to round-trip: Orio al Serio-Castione, Castione-Orio al Serio).
- If you want to use this service, you have to reach Orio al Serio airport by yourself from your arrival station (please read carefully above info).
- If you decide to use the service you have to send us the hour of arrival at Orio al Serio airport. Please remember to fill in the Excel file "TRANSFER AND TRASPORTATION" with all details.



ROUND TRIP SHUTTLE HOTEL-VVD ARENA

- The internal shuttle is free if you book the hotel with Italian Organising Team.
- If you book the hotel by yourself and you want to use this service the cost is 5€/ride for each person.
- Round Trip shuttle will pick up all competitors at around 8.00 a.m. from different Hotels and it will bring you back at around 8.00 p.m.



F. The accommodation

The organization has identified 4 hotel facilities. Three of them are "3 stars hotel" and one is a "4 star hotel".

Before you fill the form you need to choose which kind of hotel you prefer for your team. For a better decision consider the following information:

1. You can not choose THE hotel, you can only choose THE CATEGORY (3stars or 4stars)
2. 3 Stars hotels offer double rooms (only for coaches and some supporters) and triple rooms (for competitors and supporters)
3. 4 Stars hotel offer double, triple and quadruple rooms
4. Round Trip transfer from these Hotels to the Gym is completely INCLUDED.
5. Round Trip transfer from other Hotels (not chosen out of the organization) cost 5 euro per journey.



Grand Hotel

PRESOLANA CENTRO BENESSERE****

Via Santuario, 35, 24020 Castione della Presolana BG

Distance to Sport center 2,5 km

Capacity: 150 places

Breakfast INCLUDED

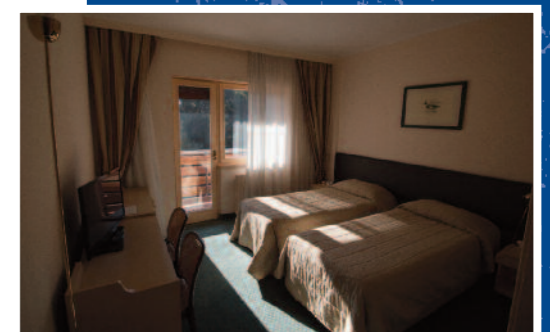
SPA Center - INCLUDED

Daily transfer to competition Gym (from 8.00 to 9.00 a.m.) - INCLUDED

Daily transfer to the Hotel (from 9,30 to 10.30 p.m.) - INCLUDED

Price/person/night: € 65,00

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F. The accommodation



Hotel*** **PINETA**
Via Cantoniera, 29
24020 Castione della Presolana (Bg)

Distance to Sport center 2,1 km
Capacity: 50 places
Breakfast INCLUDED
Daily transfer to competition Gym
(from 8.00 to 9.00 a.m.) - INCLUDED
Daily transfer to the Hotel
(from 9,30 to 10.30 p.m.) - INCLUDED

Price/person/night: € 35,00



Hotel*** **DES ALPES**
Via Donico 10
24020 Castione della Presolana (Bg)

Distance to Sport center 3.3 km
Capacity : 50 places
Breakfast INCLUDED
Daily transfer to competition Gym
(from 8.00 to 9.00 a.m.) - INCLUDED
Daily transfer to the Hotel
(from 9,30 to 10.30 p.m.) - INCLUDED

Price/person/night: € 35,00



Hotel*** **SPAMPATTI**
via Cantoniera 89
24020 - Castione della Presolana (Bg)

Distance to Sport center 4,5 km
Capacity : 50 places
Breakfast INCLUDED
Daily transfer to competition Gym
(from 8.00 to 9.00 a.m.) - INCLUDED
Daily transfer to the Hotel
(from 9,30 to 10.30 p.m.) - INCLUDED

Price/person/night: € 35,00

G. Meals

Accommodation fees do not include meals, which are served in the sport center at "BAR PIZZERIA SPORTING". The restaurant offers 80 seats inside and 150 seats outside.

It is possible to book the following meals during the registration:

- Friday dinner
- Saturday lunch and dinner
- Sunday lunch

Vegetarian menu available.

Price: 18 euros meal/person

"Castione della Presolana offers a wide range of culinary delights, so if you don't want to eat in the sport center you have plenty of choice to enjoy good food in one of the many restaurants of the village".



H. Competition regulations

H1. Eligibility - Categories - Accreditation Deadlines - Fee

ELIGIBILITY:

Only member Federations/Associations of the EVVF who has completed their financial duty with the EVVF are allowed to take part in the competition. A category shall be eligible with the participation of at least 3 athletes/teams.

ACCREDITATION:

An accreditation card will be issued to each participant on his/her arrival at the Headquarters and this accreditation card should be carried at all time during the championship

DEADLINES:

First Entry: NO LATER THAN 30 March 2018

Final Entry: NO LATER THAN 20 April 2018

Competition Registration Payment: NO LATER THAN 20 May 2018

Accommodation and Payment: NO LATER THAN 20 April 2018

Meal Registration and Payment: NO LATER THAN 10 May 2018

Travel Schedule: NO LATER THAN 10 May 2018

Term of Responsibility, Parental Permission: NO LATER THAN 10 May 2018

COMPETITION REGISTRATION FEES:

The registration fee is 25 euros/athlete/category.

If the athlete competes in more than one category, the fee for each additional category will be 10 euros.

H. Competition regulations

H2. Sparring Gear/Weapons

SPARRING GEARS:

Helmet red and blue: own and compulsory

Gloves 10oz red and blue: own and compulsory

"Vovinam Viet Vo Dao" body armour red and blue: own and compulsory

Groin Guard: own and compulsory

Gum Shield: own and compulsory

Shins Guard: own and compulsory

Foot Pads: own and optional

Forearm Pads: own and optional

WEAPONS:

Teams prepare their own weapons

H. Competition regulations

H3. Categories

FIGHTING:

Female Categories:

1. Over 50 kg to 55 kg
2. Over 55 kg to 61 kg
3. Over 61 kg to 67 kg
4. Over 67 kg

Male Categories:

1. Over 57 kg to 62 kg
2. Over 62 kg to 67 kg
3. Over 67 kg to 73 kg
4. Over 73 kg to 79 kg
5. Over 79 kg to 86 kg
6. Over 86 kg

MALE CATEGORIES:

Single form:

1. Ngũ môn quyền
2. Thập thế bát thức quyền
3. Tinh hoa lưỡng nghi kiếm pháp
4. Tứ tượng côn pháp
5. Nhật nguyệt đại đao pháp

Team form:

1. Đòn chân tấn công
2. Song luyện kiếm
3. Song luyện mã tấu
4. Song luyện số 3
5. Song luyện đao

FEMALE CATEGORIES:

Single form:

1. Long Hồ quyền
2. Song đao pháp
3. Tinh hoa lưỡng nghi kiếm pháp
4. Thái Cực Đơn Đao Pháp

Team form:

1. Song luyện kiếm

MIXTURE CATEGORIES:

1. Tự vệ nữ giới
2. Đa luyện nam or Đa luyện nữ
3. Quyền đồng đội nam or Quyền đồng đội nữ
(3 athletes perform Long Hồ Quyền)

H. Competition regulations

H4. Competition Rules

In accordance with the EVVF Competition Rules Book.

Technical:

Đòn Chân Tấn Công: 4 competitors (each competitor performs 4 different Đòn Chân, 16 Đòn Chân different in total from number 6 to 21).
Mixture Categories of Quyền Đồng Đội: Team with 3 males or 3 females (not a mixture team)

Fighting:

Contact Fight – weight maximum +200gr

Each Federation/Association may enter TWO (2) competitors/teams each category (both performance and fighting)

Performance:

Athletes born in 2000 or earlier can take part in performance competition

Fighting:

Athletes must be at least 18 year old (born before 7 July 2000)

Note:

For athletes under 18 year old, the parental permission form must be signed by parent/guardian.

H. Competition regulations

H5. Eligibility

Nationality:

Athlete must have the same nationality of their National Federation/Association. Athletes are required to show their passport during the nationality control procedure in order to confirm their nationality.

Gender:

The female athletes may also have to undergo the gender control. Athletes are not checking in case of having the gender certificate that is provided by mandated organizations.

Uniform:

All Vovinam uniform must be in accordance with the EVVF regulations
All Vovinam uniform shall have the name of the country only
All athletes shall compete with yellow belt without stripe
All athletes are required to attend the opening, awarding and closing ceremonies in Vovinam uniform or official team uniform.
It is expected that each delegation will have their own team uniform.

Health:

All competitors must have a health certificate (compulsory) to ensure that they are eligible for competitions.
Health certificate must be submitted together with national team's registration upon your arrival.
If the team does not fully send the health certificate for athletes, Organising Committee will not allow him/her to compete (both in performance and in fighting)

Insurance:

It is compulsory for all participants and members of delegations to have their own medical and personal trip insurance.
The EVVF and the Italian Organising Committee assume no liability or responsibility for the lack of insurance from participants and members of delegations. Chiefs of delegation have to sign the enclosed term of responsibility and return it by email before 10 May 2018 to the EVVF

H. Competition regulations

H6. Drawing

The draw will be held immediately after the delegations meeting under the control and observation of the EVVF.
Each National Federation must send a delegate to attend the draw (a Maximum of 2 delegates will be authorised)

H7. Referees

Referees will be appointed by the EVVF

H8. Prizes

Thi Quyền (Performance):

1st place: Gold Medal
2nd place: Silver Medal
3rd place: Bronze Medal

Đối Kháng (Fighting):

1st place: Gold Medal
2nd place: Silver Medal
Two 3rd place: Bronze Medals

Best national teams according to the medals classification:

1st place Cup
2nd place Cup
3rd place Cup

Prize for best athlete in performance

Prize for best athlete in fighting

Note:

Prize for best athlete – male in performance
Prize for best athlete – female in performance
Prize for best athlete – male in fighting
Prize for best athlete – female in fighting

H. Competition regulations

H9. Making Complain - Sanction

Only head coach has the right to complain (complain must be in form of official letter and a fee of 200 Euro).

In case of complaining about human resource (athlete, referee), form must be submitted to Organizing Committee before drawing.

In case of technical complain , form must be submitted to the Organizing Committee with in 10 minutes after the match .

The Organizing Committee will consider and make decision about the case before the next competition s take place. The Organization Committee will only return 150 Euros fee if only the issue is solved exactly as the official complain letter mention .

Penalty for not sending at least a referee in the championships is 300 euros.

This rule is applied for the countries which have more than 50 members. In case of any violation of the EVVF rules and regulations, the champion ship regulation or any misbehavior during competitions, including anti-doping codes or any involvement in a smear campaign of any attempt against the EVVF or Italian government, sanctions can be concluded by the Championships Organising Committee or EVVF leaders.

Athletes and Referees may be suspended of right/duty due to any disqualification or misbehaviors against the mentioned rules/regulation.

H10. Training Area

The training area in the Sport Center will be open from 16.00 to 20.00 on 6 July 2018



I. General programme

Date	Event	Time	Venue
6/07/2018	ACCREDITATION	13.30	GRAND HOTEL LA PRESOLANA Via Santuario, 35
	EVVF MEETING	14.30	
	HEAD DELEGATE MEETING/DRAWING	16.30	
	REFEREE MEETING	18.00	
7/07/2018	UNOFFICIAL WEIGH-IN	7.00	SPORT CENTER BONS-EN CHABLAIS Via Rucola 10
	OFFICIAL WEIGH-IN	7.30	
	FIGHTING COMPETITION (ELIMINATORIE, SEMI-FINAL) Male (-62, -67, -73 kg) Female (-55, -61 kg)	9.00	
	PERFORMANCE COMPETITION Male Ngũ Môn Quyền Tinh Hoa Lưỡng Nghi Kiếm Pháp Thập Thế Bát Thức Quyền Song Luyện 3 Song Luyện Kiếm Female Long Hồ Quyền Tinh Hoa Lưỡng Nghi Kiếm Pháp Song Luyện Kiếm		
	LUNCH BREAK	13.00	
	AWARDING CEREMONY	14.30	
	GROUP PHOTO	15.00	
	OPENING CEREMONY	16.00	
	PERFORMANCE COMPETITION Male Đòn Chân Tấn Công Mixture Đa Luyện Tự Vệ Nữ Giới	17.30	
	FIGHTING COMPETITION – FINAL Male (-62, -67, -73 kg) Female (-55, -61 kg)		
	AWARDING CEREMONY	19.00	
	DINNER	20.00	

Date	Event	Time	Venue
8/07/2018	UNOFFICIAL WEIGH-IN	7.00	SPORT CENTER BONS-EN CHABLAIS Via Rucola 10
	OFFICIAL WEIGH-IN	7.30	
	FIGHTING COMPETITION (ELIMINATORIE, SEMI-FINAL) Male (-79, -86, over 86 kg) Female (-67, over 67kg)	9.00	
	PERFORMANCE COMPETITION Male Tứ Tượng Côn Pháp Nhật Nguyệt Đại Đao Pháp Female Song Dao Pháp Thái Cực Đơn Đao Pháp		
	LUNCH BREAK	12.30	
	FIGHTING COMPETITION - FINAL Male (-79, -86, over 86 kg) Female (-67, over 67kg)	14.30	
	PERFORMANCE COMPETITION Male Song Luyện Mã Tấu Song Luyện Dao Mixture Quyền Đồng Đội		
	AWARDING CEREMONY AND CLOSING CEREMONY	17.30	
	FAREWELL PARTY	20.30	

J. Competition Registration

The online competitor registration form will be available at:
<http://www.vovinam-evvf.eu/championship>

K. Hotel Registration

Reservation for
Grand Hotel Presolana ****, Hotel Pineta ***
Hotel Des Alpes ***, Hotel Stampatti ***
through the Organising Committee
Hotel Registration Excel Form will be sent to the delegations

L. Payment Detail

Vovinam Viet Vo Dao a.s.d.
BANCA PROSSIMA
Address: PIAZZA PAOLO FERRARI 10 - 20121 MILANO (ITALY)
IBAN -IT80N0335901600100000134589
BIC - BCITITMX

M. Special Events



A farewell party will take place on Sunday Evening





GOOD LUCK TO ALL OF YOU

